

# Recreational Services DED Frenzy Football Rules

\*If Not Stated, Augustana College Flag Football Rules Will Apply\*

1. Each half is 20 minutes.
  - a. The final 2 minutes of each half will be timed according to normal football rules.
  - b. Halftime will be 3 minutes.
  - c. Each team is allowed two 30-second timeouts per half.
  - d. If a team is ahead by 17 or more points the clock will not stop
2. On a kickoff, at least 5 players must be within 5 yards of the kickoff line (Wood meets Pulastic).
  - a. This is both the kickoff and return team.
  - b. All kickoffs must be thrown
  - c. A kickoff thrown out of bounds will result in the ball being placed at Midfield.
  - d. A kickoff or punt resulting in a touchback will result in the ball being placed where the Wood meets Pulastic.
3. On a punt, both teams must at least 5 players on the line of scrimmage until the kick is made.
  - a. A punt must be thrown
4. The offense is required to begin each play with at least 5 players on the line of scrimmage.
5. **Any player may pass anywhere, at anytime.**
6. The ball must be thrown on both a kickoff and a punt.
  - a. Any ball resulting in a touchback will be placed at the receiving team's free throw line
7. If a "forward pass" is incomplete after one or more completions, the ball is placed where the final pass was thrown from.
8. If a "lateral" is incomplete, the ball will be placed where it lands.
9. Teams will be allowed 4 downs to score.
  - a. If a first down is awarded by penalty, the team has 4 more downs to score.
10. The defensive team cannot rush the QB until 5 seconds have passed.
  - a. The backfield official will drop his/her hand following the 5 second count.
11. If the ball hits the ceiling/curtains/scoreboard on a scrimmage play, the ball will be dead and placed at the spot of the throw.
  - a. If on a kickoff or punt, the ball will be placed at the free throw line or spot of contact; whichever is to the receiving team's advantage.
  - b. A touchback will be placed at the point where pulastic meets wood

## Important Lines

1. The goal line is the red line at the center of each plastic court
2. The back of the end zone is the red line closest to the bleachers. (Doubles line for the tennis court).
3. Sidelines are brown lines of wood floor and black lines of Pulastic courts. (Basketball end lines)
4. Free kick line is where Wood meets Pulastic.
5. One point conversion line is the baseline of the main basketball court.
6. Two point conversion line is the free throw line of the main basketball court. (Baseline of main basketball court)

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Updated: 6/18/12 by Brittany Jaminet