

**Augustana University  
Athletic Training Program  
Communicable Disease Policy and Procedure**

The purpose of this policy is to protect the health and safety of the AT staff and students directly associated with our Athletic Training Program as they participate in the required didactic and clinical education components of our academic curriculum. This policy was developed using recommendations established by the Centers for Disease Control (CDC).

**Requirements**

- All AT staff and students are required to participate in annual Blood Borne Pathogen (BBP) training. This will be completed at the beginning of each academic year (fall) and will be conducted by an infectious control nurse with Sanford Health USD Medical Center.
- Students must verify their health record, including a recent physical examination, medical history, and immunizations (MMR, Tetanus, Hepatitis B, Influenza). Proof of health insurance is also required. Students must submit results of a Criminal Background check and complete the Sanford Health Orientation packet prior to participating in off-campus clinical education.
- All AT staff and students are required to use Universal Precautions at all times when functioning as a health care professional with the potential sources of infectious disease.
- All AT staff and students who have been exposed to a potential infectious disease must report to the Sanford Health Campus Clinic (Soberg Hall) or to their primary health care provider for evaluation and treatment.

**Prevention and Management Guidelines**

1. Wash your hands often with soap and warm water or alcohol based hand sanitizer. This should be done before and after each contact when dealing with potential infectious disease.
2. All open wounds must be covered with clean, dry dressing and disposed of appropriately in the red biohazard containers located within the AT Room.
3. Any AT staff member or student who shows signs of infection or communicable disease or feels ill (eg. fever, diarrhea, persistent cough, vomiting, any rash with or without fever, jaundice, pus-filled skin lesions, conjunctivitis, or other acute symptoms) that may place themselves or others at risk, must be seen by an appropriate health care provider.
4. The student is required to notify their academic instructor and/or clinical preceptor of missed academic or clinical experiences due to infection or exposure to a communicable disease. Students will not be penalized for absences associated with showing signs of infection or disease, and will be provided opportunities to make-up academic requirements missed.
5. Notification (eg. physician note or phone call) will be required from the health care provider until such time as the AT staff member or student is cleared to return to full participation in all academic and clinical education requirements of the program.

I have read and understand the above requirements and prevention and management guidelines:

\_\_\_\_\_   
(print name)

\_\_\_\_\_   
(signature)

\_\_\_\_\_   
(date)