

CONTACT INFORMATION

For more information, please contact a member of the Aging Studies Advisory Committee:

- Susan Schrader, Sociology & Coordinator of Aging Studies Minor
- Elizabeth Babcock, Psychology
- Sherry Barkley, Exercise Science
- Susan Bunger, Sociology
- Connie Evenson, Nursing
- Perry Hanavan, Communication Disorders
- Jaciel Keltgen, Business Administration
- Carolyn Ly, Sociology
- Mary Nelson, Nursing
- Pamela Schroeder, Nursing



"I was really looking for an opportunity to have more experience communicating with people of an older demographic one-on-one. I find the intergenerational relationship really interesting because even though we do come from different generations, we have gone through or are going through the same experiences, just at different times. I really see the relationship as one where they have so much knowledge to give."

- Mallory Frantsen,
2016 Sociology & Psychology Major
Intern

Watch the video at <http://bit.ly/2a2YjfY>

"Working with the elderly has given me the opportunity to use my skills and knowledge as an exercise professional to help improve residents' quality of life and allow them to maintain their independence longer."

- Kezia (Poppinga) Snyder,
2015 Fitness Management Major
Events/Volunteer Coordinator, Dow Rummel
Retirement Village

AU
AUGUSTANA
UNIVERSITY

2001 SOUTH SUMMIT AVENUE
SIOUX FALLS, SOUTH DAKOTA 57197

www.augie.edu

AGING STUDIES MINOR



AU
AUGUSTANA
UNIVERSITY

The Aging Studies Minor at Augustana University explores how aging affects individuals, organizations, and communities. Also known as “gerontology,” this content area draws on theory and research from many disciplines. In that regard, the Aging Studies Minor meshes well with a variety of majors and pre-professional programs.

Taking courses in Aging Studies is important, pertinent, and achievable:

Important. Like many nations, the USA is experiencing a “gerontological explosion” of adults. One out of every seven persons in America is now age 65 or older, and this number will double to 98 million by 2060 or 22 percent. This is the fastest growing segment of the population.

Pertinent. An older and more diverse elder population will demand creative responses. All organizations and social structures will be challenged to be responsive to an aging society. In that regard, aging is not simply about “old people.” A background in Aging Studies will serve you well in your work, family, and service to the community. Analysts predict the creation of 900,000 additional jobs in gerontology and related fields in the coming year in areas such as:

- Health Care
- Wellness, Fitness and Leisure Activities
- Advocacy
- Continuing Education
- Family Therapy
- Financial Planning/Counseling
- Adult Day and Long-Term Care Services

Achievable. The minor is compact in size—18 credits. Further, some courses in your major field of study or in SOPHIA may “count” for the Aging Studies Minor. You are likely to find Aging Studies fits well with your major and internship/volunteer/work experiences. Check with your advisor to see how an Aging Studies Minor will fit into your academic plan.

¹ Administration for Community Living, Administration on Aging Highlight, 2014. http://www.acl.gov/Aging_Statistics/Profile.

DESCRIPTION OF THE AGING STUDIES MINOR

The minor requires 18 credit hours, 9 of which are required and 9 are elective. Most of the courses in the minor have no prerequisites, and students may begin the minor with any course (excepting the internship). AGES/SOCI 120 and 220 will be offered every other year. AGES/SOCI120 will occasionally be offered as an on-line summer course. The AGES Internship is offered every term and may be coordinated with an internship in your major (e.g., an internship in your major that is focused on elders or aging issues could potentially count for your major as well as the Aging Studies Minor). Please consult the Academic Planner for details on when other courses are offered.



“I have come to realize I truly enjoy working in the gerontology field and currently desire to merge the two interests in some format in the future, hopefully working with veterans and the elderly. I never considered pursuing a career working within gerontology until I took Life Span Human Development. This class not only established my desire to potentially work with this population, but also gave me valuable insight. I am better able to understand the potential barriers and life experiences that this population may face. Without having this background, I do not believe I would have been open to accepting an internship at CAREgivers or felt as comfortable as I do within this line of work where I find resources, support, and education for family caregivers.”

- Jenaleah Block,
2015 Psychology and Religion Major
USD Master’s in Social Work Student, Intern at
CAREgivers by Active Generations

DEGREE REQUIREMENTS

<u>Required Credits Offered</u>	<u>Credits</u>	<u>Semester</u>
AGES/SOCI 120: Aging & Society [on-line]	3	Odd Fall; Summer (occasional)
AGES/SOCI 220: Social Gerontology	3	Odd Spring
AGES 395: Internship in Gerontology I [may be fulfilled within the major]	3	All terms

Choose 9 credits of electives from the following:

<u>Examples of Electives</u>	<u>Credits</u>
BSAD 417: Healthcare Marketing	3
CMDS 170: Intro to Communication Disorders	2
CMDS 274: Speech Science	3
EXSC 370: Exercise Prescription in Health & Disease	3
EXSC 450: Exercise Leadership	2
AGES 289: Medical Terminology [on-line]	1
AGES 396: Internship in Gerontology II	2-4
NURS 324: Health Pattern Recognition/Nutrition	3
NURS/HLTH 388: Epidemiology	2
NURS 441: Adult Health Nursing II	4
PSYC 210: Life-Span Human Development	3
PSYC 240: Cognitive Psychology	3
PHIL/RELI 305: Bioethics	3
RELI 254: Theology, Medicine & Ethics	3
SOCI 230: Medical Sociology	3

Related topics courses (contact an Advisory Committee member).

Suggestions for Electives by Major

Business - BSAD 417, PSYC 210, plus one additional courses in the minor

Communication Disorders - CMDS 170, CMDS 274, PSYC 210, plus one additional course in the minor

Exercise Science - AGES 289, PSYC 210, EXSC 370, EXSC 450, HLTH 388

Nursing - NURS 324, NURS 388, NURS 441

Psychology - PSYC 210, PSYC 240, plus one additional course in the minor

Religion - RELI 305, RELI 254, plus one additional course in the minor

Sociology - SOCI 230, PSYC 210, plus one additional course in the minor