



@AugieRec



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February 2019

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Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

The Get Fit Program is a cross training incentive program that rewards participants with prizes for the number of times they exercise in a specified time period. Prizes are given after 20 to 40 workouts are completed within the 12 week period.

Swim to Spring Break: This is a pool incentive program. Your laps count towards a "Half way prize" or complete the challenge and receive a t-shirt!

1 Wrestling v MN St. Mankato 7pm
All City Catholic Mass 8am
Outdoor Program →
J-term Trip continues
Interim Break Continues →

2 Lego Event 9am

3 Soccer Clinic 5pm-9pm
Super Bowl

4 Soccer Clinic 5pm-9pm
AOP Trip continues →

5 Soccer Clinic 5pm-9pm
Sign Up Ends/Play Begins:
Swim to Spring Break
Spring Get Fit
→ Building opens 8:00pm

6 Spring Semester Begins
Captains Meetings (Room 230):
Men's/Women's 5v5 BB L. 9:00pm
Co-Rec Indoor Volleyball L. 9:30pm
Doubles Badminton Trny 10:00pm
M/W Singles Racquetball T. 10:30pm

7

8 Outdoor Program/Sign up in advance:
Ice Skating 6pm-8pm
Campus Park (1700 S.Summit Ave)
\$1 for Skates

9 Faithfest 9pm-Midnight

Gym Closed 9pm-12pm

10 Play Begins:
MW 5v5 Basketball League
Co-Rec Indoor Volleyball League
Doubles Badminton Tourney
MW Singles Racquetball Tourney

11 Pictures
Milles Club 9:00pm
Group Fitness Challenge 9:15pm

12

Weight Room Closed at 10pm for staff Training

13 Double Getfit Class
Circuit Weights Group Fitness Class 6:30pm Weight Room

14 Wrestling v St Cloud St 7pm
Champ Night
5-7pm in the Cafeteria

Gym Closed 5pm-9pm

15

16 **Late Night Mini Golf**
10pm-Midnight @ the Elmen
Outdoor Program/Sign up in advance:
X-Country Skiing
10am-12noon Outdoor campus (4500 Oxbow Ave)

17 Outdoor Program
Central Church
*Faculty/Staff Climbing 5pm-7pm
*Students 7pm-9pm
(2628 3102 W. Ralph Rogers Road)

18 **President's Day**
Sign Up Begins:
Co-Rec Kickball Tourney
Men's DED Volleyball Tourney
Women's DED Walleyball Tourney

Kids Rec Day 12pm-3pm

Gym Closed 12pm-3pm

19 Outdoor Program
Spring Break Trip Meeting #1 5pm-6pm
Halverson Room - Commons

20 Augustana Experience Expo (Job Fair) 9am

Gym Closed 7am-6pm

21

22 Augie v SW MN St BB 6pm & 8pm

Gym Closed 4pm-11pm

23 Augie BB v USF 4pm & 6pm
Late Night Las Vegas
10pm-Midnight in the Back Alley

Gym closed 2pm-9pm

24

25 Sign Up Begins:
Summer Shape Up (Swim Program)

26 Outdoor Program
Intro to Camping/Backpacking 7pm-9pm
Elmen Center Room 230

27 Outdoor Program/Sign up in advance:
Tubing 6pm Cost: \$5
Great Bear Ski Valley (5901 E. Rice St)

28 Sign Up Ends:
Co-Rec Kickball Tourney
Men's DED Volleyball Tourney
Women's DED Walleyball Tourney

