<table>
<thead>
<tr>
<th>Toddler Checklist</th>
<th>1</th>
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<tbody>
<tr>
<td>Instructor Name:</td>
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</tbody>
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**Skills**

- Enters water independently
- Splashes water and accepts being splashed
- Accepts being lifted in
- Bounces to chin level
- Walks across pool dock
- Relaxes on front float
- Relaxes on back float
- Blows bubbles with mouth and nose for 3 seconds
- Wears lifejacket
- Demonstrates front crawl arms
- Demonstrates flutter kick
- Swims on noodle with minimum support
- Reaches for toys while floating
- Explores water off dock with teacher

**Safety Topics**

- Lists pool rules with help
- Identifies the lifeguard
- Recognizes deep and shallow water
- Recognizes safety equipment