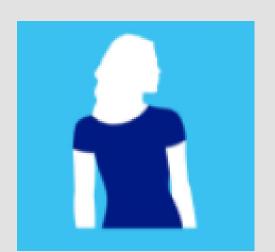
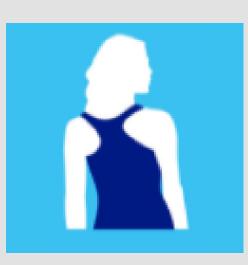
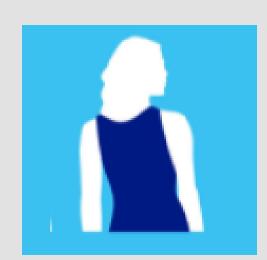


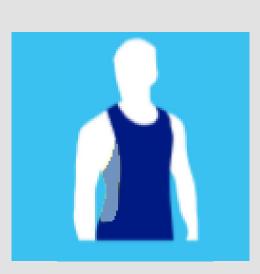
WHAT TO WEAR IN THE ELMEN CENTER WEIGHT ROOM

APPROPRIATE ATTIRE:













POLICIES

TOPS

FOOTWEAR

THESE POLICIES ARE IN PLACE:

- TO HELP PROTECT AGAINST
 THE TRANSMISSION OF
 VIRUSES & INFECTIONS
- FOR THE RESPECT & COMFORT OF ALL PATRONS

SHIRTS MUST BE:

- FULL LENGTH T-SHIRTS
- LONG SLEEVE SHIRT
- TANK TOP
- COVER THE NIPPLES THROUGH ANY RANGE OF MOTION

SHOES MUST BE:

- NON-MARKING
- FULLY ENCLOSE FOOT
- CLEAN/INDOOR SHOES

INAPPROPRIATE ATTIRE:











PLEASE HELP US PROTECT OUR PATRONS AND EQUIPMENT.