

ELIZABETH (LISA) HELDER BABCOCK

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EMPLOYMENT:

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|---|---------------------|
| Augustana University, Associate Professor | August 2014-present |
| Augustana University, Assistant Professor | August 2008-2014 |

EDUCATION:

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| Ph.D. , Cognitive psychology <i>Michigan State University, East Lansing, MI</i> | August 2008 |
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| B.A. , Psychology <i>Hope College, Holland, MI</i> | May 2002 |
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AWARDS AND RECOGNITION:

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| Frederick C. Kohlmeyer Distinguished Teaching Professorship <i>In recognition of excellence in teaching at Augustana University</i> | 2020-2022 |
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| Augustana Research and Artist Fund (ARAF) <i>Funding to support summer research</i> | 2017, 2016, 2013, 2011, 2010 |
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| Ralph and Susie Wagoner Student-Faculty Research Award <i>Supporting 1-2 student research projects annually</i> | 2010-2011 |
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| AT&T Faculty Awards for Fully Online Course <i>for Cognitive Psychology at Michigan State University</i> | 2009 |
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TEACHING EXPERIENCE:

- Cognitive Psychology
- Research Methods in Psychology
- Lifespan Human Development
- Directed Research in Psychology
- Sensation and Perception
- Human Memory
- Senior Seminar in Psychology
- Introductory Psychology
- Statistics
- First Year Seminar
- Senior Capstone Courses

CERTIFICATIONS:

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| Diversity Advocate, <i>Augustana University</i> | May 2021 |
| Canvas Field Administrator, <i>Augustana University</i> | Summer 2020 |
| QPR suicide prevention, <i>Helpline Center, Sioux Falls</i> | November 2019 |
| First Year Seminar Instructor, <i>Augustana University</i> | May 2015 |

PUBLICATIONS:

Darowski, E. S., **Helder, E.**, & Patson, N. D. (2020). Explicit writing instruction in synthesis: combining in-class discussion and an online tutorial. *Teaching of Psychology*.
<https://doi.org/10.1177/0098628320979899>

Darowski, E. S., Patson, N. D., & **Helder, E.** (2016). Implementing a synthesis tutorial to improve student literature reviews. *Behavioral & Social Sciences Librarian*, 35 (3): 94-108.

Helder, E. & Shaughnessy, J.J. (2011). Self-generated retrievals while multitasking improve memory for names. *Memory*, 19, 968-974.

Helder, E. & Shaughnessy, J. J. (2008). Retrieval opportunities while multitasking improve name recall. *Memory*, 16, 896-909.

Darowski, E.S., **Helder, E.**, Hambrick, D. Z., Hasher, L., & Zacks, R. T. (2008). Age-related differences in cognition: The role of distraction control. *Neuropsychology*, 22, 638-644.

CONFERENCE PRESENTATIONS:

* *Indicates undergraduate coauthor/presenter from my research lab*

*Bishop, D. (2021) Calling creativity: The effect of smartphone use on creativity. *Psi Chi Poster presented during the 2021 Virtual meeting of the Midwestern Psychological Association, April 22-24, 2021.*

*Cornick, K., *Bishop, D., *Fisher, A., (2020) Calling creativity: The effect of smartphone use on creativity. *Poster scheduled to be presented during the Psi Chi program at the 92nd Annual Meeting of the Midwestern Psychological Association, Chicago, IL, April 23-25, 2020. Unable to deliver, meeting canceled due to COVID-19 outbreak.*

Helder, E., Darowski, E., & Patson, N. (2020) Teaching writing in psychology: Improving students' abilities to synthesize information across scholarly sources. *Led Participant Idea Exchange presented at the National Institute on the Teaching of Psychology, St. Pete Beach, FL: January 3-6, 2020.*

Wieth, M. B., Francis, A. P., & **Helder, E.** (2019). The courage to disassemble: Comfort taking apart electronic items predicts creativity. *Poster Presented at the 60th meeting of the Psychonomic Society, Montreal, CA: November 14-17, 2019.*

Darowski, E. S., Patson, N. D., & **Helder, E.** (2016). Improving student literature review through synthesis. *Poster presented at the 38th annual meeting of the National Institute for the Teaching of Psychology, St. Pete's Beach, FL, January 2-5, 2016.*

- Helder, E., *Walch, K., & Wieth, M. B. (2015).** Sing, O muse, through Google: Internet use boosts creativity when task is known in advance. *Poster presented at the 56th annual meeting of the Psychonomic Society, Chicago, IL, November 19-22, 2015.*
- *Block, J., *Kern, E., *Torgersen, J., **Helder, E., & Wieth, M. B. (2015 May).** Technology use, study breaks, and creativity. *Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL, April 30 – May 2, 2015.*
- *Burggraff, H. P., *Groen, A. J., Helder, E., & Wieth, M. B. (2015 May). Plug into the online network, plug into creativity. *Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL, April 30 – May 2, 2015.*
- *Buffie, M. L., *Anderberg, D. E., *Zylstra, H. J., & **Helder, E. (2014 May).** Improving name learning with distributed retrieval practice. *Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL, May 1-3, 2014.*
- Helder, E. (2013 May).** Extra practice improves memory for names in older and younger adults. *Poster presented at the Association for Psychological Science convention, Washington, DC: May 23-26, 2013.*
- Babcock, E.H. & *Erhardt, M. L. (2012 May).** Older adults can use distributed retrieval practice to learn names, but get little benefit from three retrievals. *Poster presented at the Association for Psychological Science convention, Chicago, IL: May 24-27, 2012.*
- Helder, E. & Lima, O. K. (2012 Jan).** Incorporating primary sources in an intro course through student presentations of classic research. *Poster presented at the National Institute on the Teaching of Psychology, St. Pete Beach, FL: January 3-6, 2012.*
- *Jacobson, E. J. & **Helder, E. (2011 May).** An internal locus of control is associated with problem-focused coping at work. *Poster presented at the Association for Psychological Science convention, Washington, DC: May 26-29, 2011.*
- Helder, E. (2011 May).** Attentional filters help screen-out advertisements during an Internet search task. *Poster presented at the Association for Psychological Science convention, Washington, DC: May 26-29, 2011.*
- McCoy, A.W., Wieth, M. B., & **Helder, E. (2010 May).** Sudoku: Memory for Digits and Irrelevant Information. *Poster presented at the Association for Psychological Science convention, Boston, MA: May 26-30, 2010.*
- Helder, E., Shaughnessy, J. J. & *Jacobsen, E. J. (2010 April).** Name learning in older and younger adults: Relationship between expanding retrieval effectiveness and working memory span. *Poster presented at the Cognitive Aging Conference, Atlanta, GA: April 15-18, 2010.*

INSTITUTIONAL SERVICE / LEADERSHIP ROLES:

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| Psychology Department Chair | 2017-present |
| Psi Chi Faculty Advisor | 2019-present |
| | 2017-2018 |
| Arthur Olsen Student Research Symposium Planning Committee (<i>Chair 2013-2015; 2017-2018</i>) | 2017- present 2011-2015 |
| Digital Learning Lead (Canvas LMS Departmental Expert) | 2020-present |
| Center for Behavioral Health and Wellness Task Force | 2020-present |
| Shut Up and Write Coordinator | 2021-present 2015-2017 |
| Psychology Department Webmaster | 2008-present |
| Sophia COMMITTEE – Social Science Division Rep | 2020-2021 |
| Vision 2030 Physical Campus and IT Steering Committee | 2019-2020 |
| Aging Studies (Gerontology) Minor Advisory Committee | 2016-2018 |
| FYS Task Force | 2015-2016 |
| Civitas Committee | 2015-2016 |
| Innovational Technology Workgroup | 2014- 2016 |
| Faculty Grievance Committee | 2014-2015 |
| Institutional Wellness Committee | 2012-2014 |
| HPER Dept. Search Committee – Social Science division rep | 2012- 2013 |
| Philosophy Dept. Search Committee – Social Science division rep | 2011 |
| Council for Undergraduate Research (CUR) Institutional Representative | 2011 |
| Graduate Education Committee – Social Science division rep | 2009-2011 |
| Biology Dept. Search Committee – Social Science division rep | 2009 |
| College Review Board | 2009-2014 |